

Resources for HPEB Graduate Students

Academic Resources

HPEB Information, Forms, and Resources

- [HPEB graduate degree forms](#)
- [Graduate school forms](#)
- **Key faculty and staff in HPEB:**
 - Academic Programs Coordinator: Casey Giraudy (goldston@mailbox.sc.edu)
 - Administrative Assistant and Office Manager: Pam Metz (PMETZ@mailbox.sc.edu)
 - Graduate Director: Christine Blake (ceblake@mailbox.sc.edu)
 - MPH Program Director: Edena Guimaraes (edenag@mailbox.sc.edu)
 - Business Manager: Wendy Clemmer (wendycc@sc.edu)
 - HR Manager: Anjell Session: (Robinsav@mailbox.sc.edu)
 - Associate Chair: Andy Kaczynski (ATKACZYN@mailbox.sc.edu)
 - Interim Department Chair: Brie Turner-McGrievy (BRIE@sc.edu)
 - For contact information of other HPEB faculty and staff, visit the [HPEB directory](#).

• How to sign up for HPEB email listservs

- Send an e-mail to: listserv@listserv.sc.edu No subject
- In text area type the following:
Subscribe {Listserv name}
{Subscribers name}
 - (For example: SUBSCRIBE HPEBLIST John Doe)
- Send the message without a signature
- HPEBLIST disseminates emails that apply to all graduate students
- Doctoral students should also sign up for the doctoral listserv. Follow the instructions above, replacing HPEBLIST with HPEBDOCS.
- For issues with the listservs, please consult the [Arnold School listserv page](#)
- [HPEB Graduate Students Facebook Page](#)
- [Arnold School of Public Health Student Resource Page](#)
- [The Graduate School Student Resource Page](#) (Paying for Graduate School page)



Academic Resources

Travel Information

- **Travel funding**

- [ASPH travel grants](#)
- [Graduate school travel grants](#)
- Look out for other funding opportunities throughout the year!

- **Departmental travel policies and instructions**

- General instructions for university travel where reimbursement is needed:
 - A travel authorization (TA) form must be submitted at least two weeks before travel.
 - A travel reimbursement (TRV) form must be submitted within 30 days after travel completion.
 - Your faculty mentor's or grant PI's respective Finance Team member can provide you with TA and TRV forms. You should also submit these forms to this person.
- The HPEB Policies and Procedures Document includes information on travel policies, including instructions on travel authorization and reimbursement processes. You can find this document on the [HPEB degrees page](#) under Graduate Student Forms.
 - These processes and policies apply mostly to travel for conferences.

- **Instructions for ASPH travel scholarships**

- Students must completed [Student Travel Application](#). Details on what needs to be included on the application is available on the [ASPH travel grants](#) website.
- Once funding is secured, the travel authorization and reimbursement procedures are the same as for other travel funding (see above).

Fellowships and Awards

- [Graduate school fellowships and awards page](#)
- [Arnold School Awards](#)
- [HPEB fellowships and awards](#)

Technology support

- **ASPH Information Technology and computer lab**

- [ASPH IT Core](#) provides IT Support for the School, its departments, initiatives and research activities.
- located in Discovery Room 431 and can be used by all ASPH graduate students. It has multiple software packages installed and provides access to free printing (up to a semester limit) for ASPH graduate students. For up-to-date information about the lab's hours and operations, you can check the [ASPH IT page](#).

- **Other USC technology support**

- [USC Technology Support](#)
- [Carolina Tech Zone](#) (on-campus support)

Non-Academic Resources

Housing Resources for New HPEB Graduate Students

- **Tips when looking for housing**

- Begin looking for housing as soon as you know you will attend USC.
- Consider the different transportation options available to you when searching for housing. The Off Campus Living & Neighborhood Relations website has more information on [transportation options](#) and other [common off-campus questions](#).

- **Campus housing resources**

- [USC off-campus living page](#): includes an FAQ section, a message board to connect students with potential roommates and information on housing locations.
- [USC off-campus living legal services](#): University of South Carolina students can request legal support and services in matters that relate to landlords, tenants, housing, and domestic relations. You must be currently enrolled as a student to use this service.
- [USC off-campus message board](#): Connect with potential roommates or available residences and sublets. You'll need your network ID to log in.

- **Facebook groups: Landlords, people looking to sublease and tenants all post in these groups**

- [University of South Carolina Off-Campus Housing & Subleases](#)
- [University of South Carolina \(USC\) Housing, Sublets & Roommates](#)

Health Resources

- **USC**

- [University health insurance policy benefits](#)
- [University Health Services](#)
- [Mental health/counseling](#)
- [Carolina Alert](#)

- **Community**

- [S.C. Department of Public Health \(SCDPH\)](#)

Resources for International Students

- **Campus resources**

- [Office of International Students Services](#)
 - This page also includes community resources

Food Assistance

- **Campus resources**

- [Gamecock pantry](#)
- [Nutrition Services & Counseling](#)

- **Community resources**

- [Mutual Aid Midlands](#)
- [Harvest Hope Food Bank](#)

Non-Academic Resources

Recreation and Leisure In and Around Columbia

- **Things to do in Columbia**

- Soda City Market: Fresh fruit and vegetables, local artisans, food trucks, live music, and puppies.
- Jogging and walking paths line the downtown and riverfront greenway, with parks scattered throughout the rest of the city.
- Three Rivers Greenway.
- Congaree National Park (~30-minute drive)

- **Food and drink**

- The Vista
- Five Points
- Main Street

- Columbia Museum of Art
- The Nickelodeon Theatre (Film)
- South Carolina State Museum
- Riverbanks Zoo and Garden
- Colonial Life Arena (Music and entertainment)
- Columbia Fireflies (Minor league baseball)
- **More ideas are on these websites:**
 - <https://www.experiencecolumbiasc.com/>
 - <https://discoversouthcarolina.com/>

- **Nearby destinations**

- Charlotte, NC (1.5 hour drive)
- Charleston, SC (2 hour drive)
- Asheville, NC (2.5 hour drive)
- Myrtle Beach, SC (2.5 hour drive)
- Blueridge Mountains (3 hour drive)
- Atlanta, GA (3 hour drive)



**Health Promotion,
Education, and Behavior**

Arnold School of Public Health

UNIVERSITY OF SOUTH CAROLINA