

# C&R NEWS

Counseling & Rehabilitation Program News



## Active Shooter Training

On January 19th, the Counseling and Rehabilitation program partnered with the USC Division of Law Enforcement and Safety to host a presentation titled Response to an Active Shooter. The training and presentation delivered by Major T.J. Geary served to educate attendees on what to expect in the event of an active shooter: what to do, how to protect yourself and how police will respond.

This training session was coordinated at the request of Counseling and Rehabilitation students and was attended by current students, community partners and agencies outside of USC both in person and virtually. Below, we've featured an impression of the event from one of the program's current students and Response to an Active Shooter attendee, Allie Ledbetter.



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CHECK OUT OUR SOCIALS





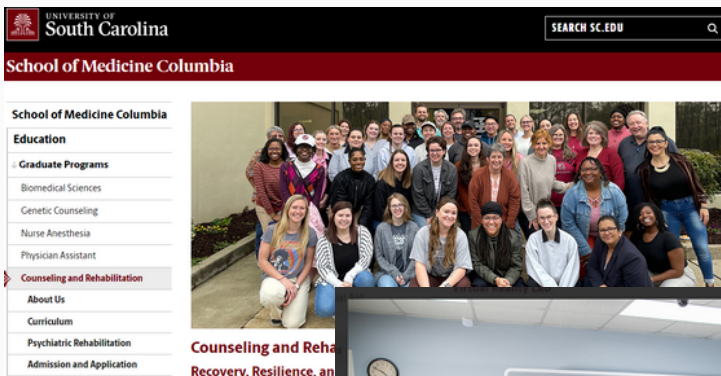
# Active Shooter Training

“I found the Active Shooter Training incredibly informative and valuable. When I was in high school, we had a student attempt an active shooter situation. Fortunately, in our case the student was apprehended before arriving on campus as we would've been unequipped to handle it. Active shooter incidents are unpredictable and can evolve within a matter of seconds, so knowing how to protect yourself and those around you is crucial. I now know to Avoid, Deny, Defend should I find myself in an Active Shooter situation.”

-Allie Ledbetter

# Students In the Lab!

Our website has been revamped with a new layout and the most recent photos of our current Learning Community. Check it [out!](#)



Counseling and Rehabilitation Recovery, Resilience, and...



Our Virtual Reality Lab provides an immersive environment that enhances the training and learning experiences and opens opportunities for research and practice for both students and professionals in the field of counseling and allied professions.

# Save the Date

## COMPREHENSIVE EXAMS:

Four of our students are prepping to take their Comps this month. Last semester we had a 100% pass rate!

February 23rd, 2024: The Counseling and Rehabilitation Program will be hosting another Speaker Series featuring Dr. Rick Balkin.

RSVP [Here!](#)

February 24th, 2024: The Counseling and Rehabilitation Program’s Learning Community Saturday is set to convene for the Spring Semester!

This LCS event will feature presentations of research conducted by our Graduate Assistants along side faculty members and so much more!





# Student Spotlight



For her work as a volunteer and youth mentor at the South Carolina Center for Assistive Technology and Educational Research (SCCATER), the Counseling and Rehabilitation Program recognizes first year student Miyoshi Anderson for this month's student spotlight.

Miyoshi is a Graduate Assistant who joined the program in the fall 2023 semester.

Since joining the program, Miyoshi has focused on multiple areas of research including "The Interplay of Parental Engagement with Children and Work-life Balance" which she'll be presenting on both at the program's upcoming Graduate Assistant Research Presentation Conference held on February 24th of this year and at the Discover USC Conference in April.

"At SCCATER, I work with youth from kindergarten up to middle school teaching them new skills like basic coding. With the students that I mentor, we focus on how to code using Minecraft on the computer and using robots to code their movements on a flat surface.

Some of the students that I work with are shy, so, getting them to engage with the other students can be slow at first but usually after their 3rd visit to SCCATER they begin to participate in group play. A noticeable milestone that I've seen while working with the youth at SCCATER is seeing them build their confidence in new skills that they learn, then seeing them teach their parents or other students.

Another big part of my work at SCCATER is talking to parents because they want to know what their child is learning/playing with and at SCCATER, I focus on getting the parents engaged in the child's activity."

-Miyoshi Anderson

# Check it Out!

A new PodCast episode, "Funding Your Education", was released! Patrick Demery, the Student Services and Program Coordinator for the program answers frequently asked questions surrounding funding, health insurance, and more.

Stay tuned for newly released episodes!

Check out the episode linked below:





# Congrats to All!

## December Commencement

We would like to congratulate 8 students who, on December 18th, graduated from the Counseling and Rehabilitation program! Denise Kelly, Madison Meggs, Brianna Bilton, Lorraine Maxey, Summer Smith, Danah Hassouneh, Walette Jenerette, and Ashlyn Morris congratulations on all of your accomplishments and hardwork.



## Welcome Newcomers

Welcome to our new spring enrollees. We are excited to have you as part of our learning community!

## New Practicum and Internship Sites Established:

College of Charleston's Counseling Center - Charleston, SC

Interns work with students from diverse backgrounds, academic disciplines, and stages of their educational journey aiming to support the mental health and well-being of students.

B Balanced Counseling and Wellness - Winston Salem, NC

The site promotes mental health awareness, provides support, and offers collaborative comprehensive treatment to diverse populations

Mind Above Matter - Texas

The site works in comprehensive outpatient mental health services; addressing the mental health challenges faced by diverse individuals

Pillars4Hope -

Colleton County, SC

The site works with individuals affected by substance use disorders aiming to reduce the negative impacts of substance use within the community.





# The Counseling and Rehabilitation Program's Advisory Board

The Counseling and Rehabilitation Program hosted the first of two Advisory Board meetings for the academic year on January 12th.

The Counseling and Rehabilitation program's Advisory Board is comprised of representatives from agencies and programs across the state who gather two times per year to share updates, perspectives, and notable trends in their area of focus within the counseling field with an ultimate goal of positively impacting the Counseling and Rehabilitation Program and future counselors who will serve our SC communities.

The Advisory Board meeting also fosters an environment where Advisory Board members are able to promote and educate other attending professionals on offerings and services provided by their agencies and to build collaborative relationships with colleagues from across the state. The Board will convene again on June 7th, 2024.

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# Wellness Corner

## Pet of the Month

Meet Kevin!

Kevin was adopted in October of last year (although his official Bday is March 11th, 2021). His previous owners brought him back to the shelter for some unknown reason. He is quite literally the largest cat in the building and is such a sweetheart. He enjoys his time playing fetch (with his toy sloth) and practicing his jumps with his feather toy. He is quite chatty and loves to let you know all about his day.

To share your Wellness tips and to have your pet(s) shared in our next newsletter, complete this [form](#)!

## APA Writing

### What is an Abstract?

An Abstract is a brief, comprehensive summary of the contents of the paper. They are typically limited to no more than 250 words; however, check the requirements of the journal, or task, as it may be different.

Keywords are added at the end of the abstract to help readers find your work during a search. Three to five words are required for APA submissions (APA 7th edition, p.38).



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